

# Kidman Kafé

# Canteen Menu 2021

Right Bite Traffic Lights

- Healthy Options
- Select Carefully
- Occasionally

Recess & Lunch Orders: 8:30 - 8:55 each morning

# **SALADS** (must be ordered)

Small Tossed 250ml L	ettuce, Tomatoes, Cucumber, Carrot & Cheese	4.00
Large Tossed 550ml L	ettuce, Tomatoes, Cucumber, Carrot & Cheese	5.00
Additional Ingredients: +	lam or Roast Chicken	1.00 ea

Terms 1 & 4 - Fresh sandwiches available daily Terms 2 & 3 - Sandwiches must be ordered All terms - Rolls must be ordered

SANDWICHES ROLLS

Cheese & Salad		
Roast Chicken		
Roast Chicken, Lettuce & Mayo		
Roast Chicken with the lot	All Sandwiches:	All Rolls:
Ham	\$3.00	\$4.00
Ham & Cheese		
Ham & Salad		
Egg, Lettuce & Mayo		

### **BAGUETTES**

Sweet Chilli Baggy	Sweet Chilli Tender, Lettuce & Mayo	4.50
Southern Chicken Baggy	Southern Chicken Fillet, Lettuce, Mayo & BBQ Sauce	4.50

# **DRINKS**

<b>Bottled Water</b>	600ml	1.00
Up & Go	250ml - Chocolate	2.00
Fruit Boxes 250ml - Apple, Orange, Apple Blackcurrant, Tropical		1.50
	250ml Iced Chocolate, Honeycomb	
Nippy's Reduced Fat Milk	375ml - Chocolate, Honeycomb, Mocha, Vanilla, Strawberry	
	500ml - Iced Chocolate & Honeycomb	4.00
Nippy's Fruit Juice	400ml - Apple & Blackcurrant, Orange & Passionfruit, Orange & Mango, Orange	
Juice	215ml ABC or Orange	2.00

#### **BURGERS**

Chicken	Chicken, Lettuce & Mayo	4.50
Flame Grilled Chicken	Flame-grilled Chicken Breast, Lettuce & Mayo	5.00
Chicken & Gravy	Chicken & Maggi Rich Gravy	4.50
Kidman	Lite Beef Pattie, Lettuce, Tomato & Mayo	4.50
<b>Cheesy Kidman</b>	Lite Beef Pattie & Cheese Sauce	4.50

#### **Additional Ingredients:**

Build your own burger - MUST be pre-ordered	Cheese or Tomato Salad (eg tomato, cucumber, carrot) Hash Brown (added to Chicken & Gravy burger)	.50 ea 1.00 1.00	
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#### **HOT SNACKS**

Little Mo's Pizza Scroll			5.00
<b>Chicken Nuggets</b>		(3 pack)	2.00
Chicken Chipees		(3 pack)	2.00
Spring Rolls		(3 pack)	2.00
Corn Jack			2.00
Chiko Roll			2.50
Hash Browns			1.00
Egg & Bacon Roll	(available recess only)		3.00

#### **SPECIALS**

• Baked spud with Bolognaise sauce or coleslaw & sour cream

Fried rice

Sushi

Quiche

Tacos

Mini pizza

• Mini chicken wrap

Pulled pork & coleslaw mini rolls

• Pasta or potato bake and more!

\*See the Daily Menu Board & Daymap Daily Bulletin for specials!

#### **FROZEN DESSERTS**

<b>Everest Vanilla Dixie Cup</b>	1.00
Nippy's Frozen Fruit Cups	1.00
Twista Frozen Yoghurt	2.50

#### **SUMMER OPTIONS - Terms 1 & 4**

Map's Mini Miners	- choice of fillings offered	2.50
Map's Mini Chicken Wrap	- choice of sauce, mayo, creamy mustard or ranch dressing	2.00

#### WINTER OPTIONS - Terms 2 & 3

Spicy Chicken	1 piece	2.00
Chicken & Garlic Balls	2 pack	2.00
Hot Ham & Cheese Roll		2.50
Toastie	Cheese	2.00
	Ham & Cheese	3.00
Garlic Bread		2.50

## **Special Dietary Requirements?**

The Kidman Kafé aims to provide options for people who have food intolerances, such as gluten and egg. Deb Hook, Canteen Manager, is happy to discuss dietary needs, clarify what options are available and possibly source some other possibilities.

# No NUTS, please!

Our canteen is does not stock nut products, though care should be taken to check food packaging as some products may contain traces of nuts.

#### **Volunteers**

The Kidman Kafé offers the opportunity for parents and students to help out. Training in food preparation and service is available.

Further information and volunteer applications are available from Deb Hook, Canteen Manager ph 08 8566 2203.

For parents, it's a great way to support your child's school and for students, a valuable addition to your resumé!

Prices and product availability are subject to change without notice.